



Onion Soup (343)  
05/17/2019

<b>Nutrition Facts</b>	
Serving Size 1 cup (253g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories</b> 40	Calories from Fat 10
% Daily Value*	
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>2%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>1%</b>
<b>Sodium</b> 200mg	<b>8%</b>
<b>Total Carbohydrate</b> 7g	<b>2%</b>
Dietary Fiber 2g	<b>9%</b>
Sugars 2g	
<b>Protein</b> 2g	
Vitamin A 0%	• Vitamin C 4%
Calcium 2%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WATER, ONIONS, LOW SODIUM BEEF BASE (Roasted Beef and Concentrated Beef Stock, Maltodextrin, Autolyzed Yeast Extract, Cornstarch, Hydrolyzed Corn Protein, Carrot Puree, Natural Flavors, 2% or Less of Disodium Inosinate/Disodium Guanylate, Caramel Color, Salt, Corn Oil, Spices and Coloring, Potato Starch, Dextrose, Lactic Acid), ONION POWDER, PARMESAN CHEESE GRATED (Parmesan Cheese [pasteurized part skim milk, salt, less than 2% enzymes, cheese cultures, corn starch & powdered cellulose to prevent caking, potassium sorbate to protect flavor]), MODIFIED FOOD STARCH (corn), BLACK PEPPER, GROUND BAY LEAVES

ALLERGEN: Contains Milk. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C590343